

Massage Rates

Chamber of Commerce

Therapeutic Massage: An Integrative Massage Session that includes elements of Swedish, Deep Tissue, Myofascial Release and Stretching customized to the needs and preferences of the client.

	Chamber Member
30 Min	\$27
45 Min	\$40
60 Min	\$54

Prenatal Massage: A relaxing Massage customized for expecting mothers using positions and pillows to accommodate your changing body. Swedish Strokes combined with gently but firm muscle therapy where you need it most.

	Chamber Member
30 Min	\$23
45 min	\$36
60 Min	\$45

Cranial Sacral Release Technique (CSRT): Very light physical application of pressure to the bones of the head and spine removes adhesions, and strengthens and adjusts the pulse of the cranial sacral fluid dissolving chronic pain and improving mood and function.

	Chamber Member
1st Session 45 Min	\$45
Consecutive 30 Min	\$36

ADD-ONS!!

	Chamber Member
Hot Towels	FREE!
Essential Oil Aromatherapy	FREE!
Hot Stones	\$5.00

Call 540-743-8110 to book with Kaytea! Tuesdays and Thursdays 230pm-7pm!