

PACA's

POLAR BEAR PLUNGE



LAKE ARROWHEAD, LURAY

VIRTUAL:

Fri. - Sun. February 12th - 14th

IN PERSON:

Sat. February 13th

11am - 2pm (participants assigned in waves)

Check in starts 15 minutes before scheduled
plunge time

All participants receive t-shirt. Those who either plunge in person or send proof of their plunge receive a medal. Age 11 and up can register.

Costumes welcome, prize awarded for the best overall costume.

No wet suits allowed for participants.

In person participants are eligible to win door prizes during their wave.
No race to the glacier this year.

To register, go to: pacapolarbearplunge.com

REGISTRATION : \$20

Participants must register by January 31st
to guarantee they receive a t-shirt.



Funds raised will be used to continue PACA's efforts to keep our youth
healthy and drug free. Donations and Sponsorships greatly appreciated.
www.pagecoalition.org • 540-742-9386